

REIKI



COURSES

Reiki One

(One day course)

On completion of Reiki One you will have learnt all the basic techniques of Reiki. This will allow you to carry out treatments on yourself, friends even family pets.

This course includes:-

The History behind Reiki.

The principles of the Reiki system.

The Chakras and their effects.

Grounding Techniques.

The basic hand positions for treating yourself and others.

The short and full treatments.

Advice on when not to carry out Reiki.

Practical sessions.

Attunement.

Each attendee is given a first degree manual and a Certificate on completion of the course.

Reiki Two

(One day course)

Pre requisite for this course is Reiki One.

Reiki Two will introduce you to the Reiki symbols and their use.

Using the Reiki symbols will allow you to make a more powerful treatment and you will be able to send distant healing.

This course includes:-

Refresher of Reiki One.

The Reiki symbols.

Distant healing.

Practical sessions.

Attunements.

On completion of the course you will have gained enough knowledge to practice on members of the public*.

Advice will be given on starting your own Reiki practice.

Each attendee is given a second degree manual and a Certificate.

*(you must have professional indemnity insurance for treating the public)

Equine Reiki

(One day course)

Equine Reiki is suitable for those with a basic knowledge of horses.

Pre requisite for this course is Reiki One.

On completion of this course you will be able to treat your own or friends horses.

Those with Reiki Two, who have suitable insurance can treat the public horses.

The course includes:

Health & safety aspects.

The physiology of the horse.

The Hand positions.

How to give treatments.

Advice on when not to carry out Reiki.

Practical sessions on horses.

Veterinary requirement on treating the public's horses.

Each attendee is given a manual and a Certificate on completion of the course.

Call or e mail for course availability.